



4th MSK EDUCATIONAL DAY

Organised by Mr Amit Chandratreya (CTM UHB) the MSK Day is aimed at all therapists to include Physiotherapists, Occupational Therapists, Chiropractitioners, Osteopaths, Podiatrists, GPs, Nurses and trainees.

Lectures, updates, debates and discussions about Bone health, Chronic pain, Imaging in MSK, Osteoporosis, Complex problems in foot ankle knee, ACL rehab, updates on arthritic knee management, Biologics in MSK.



Consultant led workshops :

- Knee/ Foot & Ankle / Hand Wrist & Elbow / Shockwave Therapy
- Anatomy & Clinical Examinations
- Injection techniques

Certificate of attendance & CPD points

[Click here to register](#)

OR

Scan QR code to register



18th May 2024



08:30 to 17:30



National Imaging Academy Wales



£25.00 per person



4ydd DIWRNOD ADDYSGOL CYHYRYSGERBYDOL

Wedi'i drefnu gan Mr Amit Chandratreya (BIPCTM) mae'r Diwrnod Cyhyrysgerbydol wedi'i anelu at bob therapydd gan gynnwys Ffisiotherapyddion, Therapyddion Galwedigaethol, Ceiropractyddion, Osteopathiaid, Podiatryddion, Meddygon Teulu, Nyrsys a phobl sy'n derbyn hyffordiant.

Darlithoedd, diweddariadau, dadleuon a thrafodaethau am iechyd Esgyrn, Poen cronig, Delweddu Cyhyrysgerbydol, Osteoporosis, Problemau cymhleth yn y traed, ffêr, pen-glin, Adsefydlu ACL, diweddariadau ar reoli pen-glin arthritig, Bioleg mewn Cyhyrysgerbydol.



Gweithdai dan arweiniad Ymgynghorwyr:

- Pen-glin / Traed a Ffêr / Llaw, Arddwrn a Phenelin / Therapi Siocdon Anatomeg ac
- Archwiliad Clinigol
- Technegau Pigiad.

Tystysgrif presenoldeb a phwyntiau DPP

Cliciwch yma i

gofrestru

NEU
Sganiwch y
cod QR i
gofrestru



18 Mai 2024



08:30 i 17:30



Academi Ddelweddu Genedlaethol
Cymru



£25.00 pob person

Mae'r cwrs dydd addysgol hwn yn cynnig dysgu cynhwysfawr ar bynciau amrywiol o Gyhyrsgerberbydol. Gyda bore o gyflwyniadau a chinio rhwydweithio yn cael eu darparu gyda phrynhawn rhyngweithiol o weithdai.

Siaradwyr Gwadd

Dr Ashish Wagle

Mr Rahul Kotwal

Mr Vasu Shanbhag

**Mr Amir
Adbelmalek**

**Mr Amit
Chandratreya**

Mr John McIntyre

**Yr Artho
Paul Lee**

**Mr Yogesh
Nathdwarawala**

**Yr Artho Gina
Allen**

Dr David Wilson

Pynciau

Poen Parhaus: Gwersi o 25 mlynedd mewn
Poen Cronig

Diweddariad ar Fenisgws a Rhwygiadau
Llinyn y Gar

Diweddariad Cyhyrsgerberbydol yn
Arddwrn, Llaw a Phenelin

Safbwynt ar yr Ysgwydd wedi Cloi

Diweddariadau Triniaeth: ACL/Pen-glin
Arthritig

Atal Anafiadau ACL ac Adferiad OA

Adfywio trwy Ddylunio

Anafiadau Llid ar dendon Achilles

Delweddu Cyhyrsgerberbydol: Peryglon

Osteoporosis mewn Chwaraeon a
Thoriadau Annigonol

Archebwch yn gynnar i osgoi siom!

This educational day course offers comprehensive learning on various topics of MSK. A morning of presentations and a networking lunch followed by an afternoon of interactive workshops.

Guest Speakers

Dr Ashish Wagle

Mr Rahul Kotwal

Mr Vasu Shanbhag

**Mr Amir
Adbelmalek**

**Mr Amit
Chandratreya**

Mr John McIntyre

**Professor Paul
Lee**

**Mr Yogesh
Nathdwarawala**

**Professor Gina
Allen**

Dr David Wilson

Topics

Enduring Pain: Lessons from 25 years in
Chronic Pain

Hamstring Avulsions and Meniscus update

An MSK update in Hand & Wrist

A perspective on the Frozen Shoulder

Treatment Updates: ACL/Arthritic Knee

ACL Injury Prevention & OA Rehab

Regeneration by Design

Tendo Achilles Injuries

Imaging in MSK: Pitfalls

Osteoporosis in Sports & Insufficiency
Fractures

Please book early to avoid disappointment!